

Parks &  
Recreation

# MACHINE PITCH



West Valley City  
Family Fitness Center  
5415 W. 3100 S.  
801-955-4000

## West Valley City Family Fitness Center MACHINE PITCH

### Fall MACHINE PITCH

Boys & girls ages 7 to 10

Games and instruction designed to teach basics in Machine Pitch: how to stand at bat, hold and swing the bat, how and where to run, fielding, catching, and throwing.

**Dates:** Tuesday, Aug 23 to Sept 29, 2011  
games begin at 6:00 p.m. You will receive a detailed schedule prior to the first game.

**Practices:** Practices will be held on Tuesdays and games on Thursdays. The first practice will be Aug. 24th.

**Registration due:** Aug 5, 2011. Late registrations will be subject to availability and will incur a \$10.00 late fee.

**Coaches Needed:** Volunteer Coaches needed, call 801-955-4012 to volunteer. Training and materials provided.

**Registration Fees:** \$42.00 per child: includes t-shirt, team & individual photo and participation award.



**Great Tasting Lunchmeat**



[www.westvalleyfitnesscenter.org](http://www.westvalleyfitnesscenter.org)